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## Brain Injury Association of Virginia ~ Virtual Caregiver Support Group

Date and Time
Monthly on the first Wednesday6:00 to 7:00pm
Upcoming

- Wednesday 2/5/2025 6:00 to 7:00pm
- Wednesday 3/5/2025 6:00 to 7:00pm
- Wednesday 4/2/2025 6:00 to 7:00pm
- Wednesday 5/7/2025 6:00 to 7:00pm
- Wednesday 6/4/2025 6:00 to 7:00pm
- Wednesday 7/2/2025 6:00 to 7:00pm
- Wednesday 8/6/2025 6:00 to 7:00pm
- Wednesday 9/3/2025 6:00 to 7:00pm
- Wednesday 10/1/2025 6:00 to 7:00pm
- Wednesday 11/5/2025 6:00 to 7:00pm
- Wednesday 12/3/2025 6:00 to 7:00pm
- Wednesday 1/7/2026 6:00 to 7:00pm

**Event Region** 

Statewide

**Event Type** 

Support group

**RSVP Info** 

To join, contact info@biav.net or 804-355-5748 ext. 102

**Event Cost** 

\$0.00

**Event Description** 

## **For Family Caregivers**

Living with a brain injury can be an isolating experience. But you're not alone. Whether you are an individual living with a brain injury or a family caregiver, attending a support group gives you a safe space to talk to others who truly understand what you're going through.

## Join Us

Attend any of BIAV's support groups. Receive support, strength, and share your experiences with others in the same position.

Join us on the first Wednesday of every month at 6 pm.

Event Image or Sponsor Logo Image

