

## Caregiver Support Group

### Age Requirements

18 and over

### Intake Process

Visit the website for information and call the office.

### Provider Refer

No

### Qualifications

### Report Problems

Call the Agency

### Self Refer

No

The Martha W. Goodson Center / A Collaborative Network for Care and Support for Healthy Aging / Part of the Riverside Health System Network of Care

<https://www.riversideonline.com/memorycare>

### Main

(757)-220-4751

### Riverside Lifelong Health and Rehabilitation

1000 Old Denbigh Boulevard

23602 VA

United States

### Fee Structure

No Fee

A Caregiver Support Group meets on the Third Tuesday of each month from 6 pm until 7 pm at Riverside Lifelong Health and Rehabilitation, Warwick Forest in the Chapel. The Martha W. Goodson Care Center was established to provide support to families experiencing difficult and unexpected diagnoses, especially dementia.

Support includes critical disease-specific information that helps caregivers and loved ones better understand the typical disease progression. Community-based networks are provided, information is shared, and connection is made with others in similar situations.

The meeting is open to the public and free of charge.

Service Area(s)

Hampton City

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Newport News City

,

Norfolk City

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Virginia Beach City