## Mental Health Counseling

Age Requirements No Age Requirement Family Yes Intake Process Visit the website; call. A second phone number is (703) 260-8926 **Report Problems** Call the Agency Thriveworks, Sterling https://thriveworks.com/sterling-counseling/ https://www.facebook.com/Thriveworks/ https://twitter.com/thriveworks Main (703) 348-5217 45575 Shepard Dr Suite 101 20164 VA **United States** Monday: 7:00 am-10:00 pm Tuesday: 7:00 am-10:00 pm Wednesday: 7:00 am-10:00 pm Thursday: 7:00 am-10:00 pm Friday: 7:00 am-10:00 pm Saturday: 7:00 am-6:00 pm Sunday: 8:00 am-5:00 pm Additional Availability Comments Mon-Fri:7AM-12AM Saturday:7AM-6PM Sunday:8AM-5PM Fee Structure Fee Range , Call for Information Payment Method(s)

## Private Pay

## Medicare

Counseling, or therapy, designates a regular time in a person's life to explore their thoughts and emotions with the help of a trained professional. Thriveworks can offer counseling for the following:

- Marriage tensions
- Anxiety
- Eating disorders
- Depression
- Grief
- Obsessive-compulsive tendencies
- Addiction
- ADHD
- Life coaching
- Anger management
- Sexual issues
- Divorce recovery
- Life transitions

If you're looking for help with a mental health disorder like depression or anxiety, you might want to consider psychiatric counseling. Psychiatrists are medical doctors who specialize in treating mental illness and can view your condition from a holistic, medical perspective..

Service Area(s) Loudoun County