

# Emotional and Mental Health Online Screening and Resources

Intake Process

Visit the website.

How Right Now

<https://howrightnow.org/>

United States

Fee Structure

No Fee

Languages Spoken

English

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Spanish

How Right Now is an online screening tool that promotes and strengthens the emotional well-being and resiliency of populations adversely affected by stress, grief, anxiety, and loss. Support for the campaign is provided by the CDC Foundation in partnership with the Center for Disease Control (CDC). For more immediate help, call 9-8-8 and visit the [Get Help In A Crisis](#) webpage. For emergency assistance, call 9-1-1.

Service Area(s)

Nationwide