

## Palmyra Spectrum Fitness Center

### Intake Process

Please call or use the Request An Appointment button on the website.

### Intake Contact Telephone

(434) 207-3818

Spectrum Therapy Management Services

<https://www.spectrumtherapy.com>

<https://www.ivyrehab.com/location/spectrumfitnesscenter/>

### Main

(434) 207-3818

109 Crofton Place

22963 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-3:00 pm

Saturday: Closed

Sunday: Closed

### Fee Structure

Call for Information

Payment Method(s)

Private Pay

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Private Insurance

Languages Spoken

English

Spectrum Physical Therapy has a Fitness Center in Palmyra. You can call or use the "Request an Appointment" button on the website. One of the patient coordinators will respond quickly to your request and confirm your appointment time at the clinic. They will accept you with or without a prescription from your doctor.

The programs and benefits include personal training, walking track, access to blood pressure monitoring, range of motion training, strength training, a wellness room, saunas, and more.

This office is part of the Ivy Rehab network.

Service Area(s)

Fluvanna County

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Madison County