

Hidden Heroes, Respite Relief for Military and Veteran Caregivers

Age Requirements

No Age Requirement

Documents Required

Call for details

Other Eligibility Criteria

Must be a family caregiver to a wounded, ill, or injured veteran or service member and submit proof of service.

Family

Yes

Intake Process

Call for information or visit the website to apply online.

Intake Contact Telephone

(202) 249-7170

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Elizabeth Dole Foundation

<https://www.elizabethdolefoundation.org/>

<https://hiddenheroes.org/respite/>

<https://www.facebook.com/ElizabethDoleFoundation/>

<https://www.twitter.com/DoleFoundation>

Main

(202) 249-7170

600 New Hampshire Avenue, Northwest,, Suite 1020

20037 DC

United States

Fee Structure

No Fee

Languages Spoken

English

The Elizabeth Dole Foundation and the U.S. Department of Veterans Affairs have joined together to create a new program, Respite Relief for Military and Veteran Caregivers, which offers family caregivers of veterans or service members access to no-cost, short-term relief with the help of in-home care professionals. The application is [available online](#).

Respite services include:

- meals preparation
- grocery shopping
- housekeeping
- transportation
- exercise
- companionship
- mobility
- medication reminders
- toileting
- bathing
- grooming.

Service Area(s)

Nationwide

Email

[Email contact form is available on the website.](#)