Mental Health Skill Building

Age Requirements 18 and over Family Yes Intake Process Visit the website, call the office at 1-800-716-3534 **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes Strategic Therapy Associates http://www.strategictherapyassociates.net/4436.html http://www.strategictherapyassociates.net/6928.html https://www.facebook.com/drake.watts/#/pages/Strategic-Therapy-Associates/16462... Main (434) 237-9450 108 Duncraig Drive 24502 VA **United States** Fee Structure Call for Information Languages Spoken English

Strategic Therapy Associates offers a Mental Health Skill Building Program. Work is provided with adults in their homes and in the community to provide goal-oriented training designed to restore functioning. Staff will help adults

• Maintain stability by improving life skills

- • Improve problem solving skills
- • Develop skills needed to follow prescribed treatment
- • Improve skills needed to stabilize emotions
- • Learn to access resources in the community
- • Develop skills needed to engage in positive interpersonal and social interaction

Please call for more information.

Service Area(s) Campbell County

Lynchburg City Email <u>lynchburgoffice@strategictherapyassociates.com</u>