

# United States House of Representatives

Age Requirements

No Age Requirement

Available 24/7

Yes

Other Eligibility Criteria

Open to all.

Intake Process

Call for information or use the Representative locator tools on the website to receive contact information for individual House members of Congress, including online contact forms.

Provider Refer

Yes

Report Problems

Call the Agency

,

Send an Email

,

Send a Letter

,

Visit the Agency

Self Refer

Yes

United States Congress

<https://congress.gov/>

<https://www.house.gov/>

<https://twitter.com/congressdotgov>

Main

(202) 224-3121

TTY/TTD

(202) 225-1904

United States Capitol Visitor's Center

First Street and East Capitol Street

20515 DC

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

The Capitol Visitor's Center is also open on Saturdays from 8:30 am until 4:30 pm, although individual Congressional offices may be closed.

Fee Structure

No Fee

Languages Spoken

English

The House of Representatives of the United States Congress is elected to a two-year term. Each representative serves the people of a specific congressional district by introducing bills and serving on committees, among other duties.

Service Area(s)

Nationwide