

American Heart Association Heart Walks

Age Requirements

No Age Requirement

Intake Process

Please call or visit website for dates and locations of walks.

Self Refer

Yes

American Heart Association

<https://www.heart.org/en/affiliates/virginia/welcome-to-district-of-columbia>

Main

(703) 248-1700

Toll-Free

(800) 242-8721

4601 North Fairfax Drive

Suite 700

22203 VA

United States

The Heart Walk is the American Heart Association's premiere event for raising funds to save lives from this country's No. 1 and No. 3 killers - heart disease and stroke.

Designed to promote physical activity and heart-healthy living, the Heart Walk creates an environment that's fun and rewarding for the entire family.

This year, more than 1 million walkers will participate in nearly 350 events. Your participation will help raise even more in the fight to save lives. Walk with friends, family, coworkers or strangers you'll bond with along the way.

Heart Walks in the Greater Washington area can be found by [visiting the website](#) for dates and information.

Service Area(s)

Alexandria City

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Arlington County

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Clarke County

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Culpeper County

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Fairfax City

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Fairfax County

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Falls Church City

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Fauquier County

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Fredericksburg City

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Loudoun County

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Manassas City

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Manassas Park City

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Prince William County

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Rappahannock County

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Spotsylvania County

,

Stafford County

,

Warren County