Mental Health Skill-Building Services, Eastern Shore

Age Requirements 18 and over Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Serves adults. Family Yes **Intake Process** Call for an assessment. Intake Contact Telephone (757) 442-7690 Provider Refer Yes Qualifications Qualification Type Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services (DBHDS) **Qualification Number** 158 Report Problems Call the Agency Self Refer Yes Family Preservation Services, Eastern Shore Regional Office https://fpscorp.com/eastern-shore-office/

Main

(757) 442-7690

https://fpscorp.com/adult-services/

36310 Lankford Highway 23306 VA United States

Monday: 9:00 am-5:00 pm Tuesday: 9:00 am-5:00 pm Wednesday: 9:00 am-5:00 pm Thursday: 9:00 am-5:00 pm Friday: 9:00 am-5:00 pm

Saturday: Closed
Sunday: Closed
Fee Structure
Call for Information
Languages Spoken
English

Call if translation is needed

Mental Health Skill-building Services works with individuals with a clinical need arising from a condition due to a mental, behavioral or emotional illness that results in significant impairments in major life activities. The goal of Mental Health Skill-building Services is to provide training to adult individuals, while promoting recovery and the ability to maintain community stability in the most appropriate, least restrictive environment. Services include:

- Functional skills training;
- Activities of daily living (ADLs);
- Assistance with medication management;
- Education about and use of community resources;
- Monitoring health, nutrition and physical condition.

Service Area(s)
Accomack County
,
Northampton County
Email
info@fpscorp.com