## **Caregiver Lunch and Learn Series, Newport News**

Age Requirements 18 and over Available 24/7 No Intake Contact Email information@paainc.org Intake Process Registration for the Lunch & Learn is required. Please call 757-246-1918 **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes Peninsula Agency on Aging, Inc. http://www.paainc.org/ https://paainc.org/caregiver-support.html Main (757) 873-0541 739 Thimble Shoals Boulevard Suite 1006 23606 VA **United States** Monday: 8:30 am-5:00 pm Tuesday: 8:30 am-5:00 pm Wednesday: 8:30 am-5:00 pm Thursday: 8:30 am-5:00 pm Friday: 8:30 am-5:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments The Hampton series is held on 1st Friday from March - December and runs from 11:30 - 1:00 pm. Normal office hours Monday-Friday 8:30 am - 5:00 pm.

Fee Structure No Fee Languages Spoken English

## Offered on the 1st Friday of each month (between March-Dec), from 11:30 am - 1:00 pm. Please call 757-246-1918 for registration details.

Caregiver Lunch & Learn Series--Providing Family Caregivers the hands-on skills they need to safely care for their loved one at home.

Peninsula Area Agency on Aging offers 'Caregiver Lunch & Learn' programs monthly from March through December each year. The program is offered in Newport News..

The series is free and includes lunch, but registration is required. The Newport News series is held on the 1st Friday each month from March through December and runs from 11:30 - 1:00 pm. Please call 757-246-1918 to register for the Newport News sessions.

To see the information about Memory Cafe and other programs that are offered, please visit our website.

Service Area(s) Hampton City

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James City County

Newport News City

Poquoson City

Williamsburg City

York County Email information@paainc.org