

## **Adult Outpatient Counseling, York**

### Age Requirements

18 and over

Available 24/7

No

### Documents Required

Call for details

### Other Eligibility Criteria

Serves individuals with behavioral health and substance use disorders.

### Family

No

### Intake Process

Call the Central Access Screener between the hours of Monday through Friday, from 8:00am-5:00pm.

### Intake Contact Telephone

(757) 898-7926

### Provider Refer

Yes

### Qualifications

#### Qualification Type

#### Licensure

#### Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

#### Qualification Number

048

### Report Problems

Call the Agency

### Residency Requirements

Serves residents of and people located in the city of Poquoson and York County.

### Self Refer

Yes

### Colonial Behavioral Health

<https://www.colonialbh.org>

<http://www.colonialbh.org/adult-services/outpatient-counseling.aspx>

Main

(757) 898-7926  
Phone Emergency  
(757) 378-5555

3804 George Washington Memorial Highway  
23692 VA  
United States

Monday: 8:00 am-5:00 pm  
Tuesday: 8:00 am-5:00 pm  
Wednesday: 8:00 am-5:00 pm  
Thursday: 8:00 am-5:00 pm  
Friday: 8:00 am-5:00 pm  
Saturday: Closed  
Sunday: Closed

Additional Availability Comments

Some services are available with evening appointments. Emergency crisis services are available 24 hours per day, every day.

Fee Structure

Sliding Scale Fee

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Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

,

Veterans

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Tricare

Languages Spoken

English

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Call if translation is needed

The Outpatient Counseling Program of Colonial Behavioral Health (CBH) for adults is a counseling service that uses treatment and intervention to increase the strengths and resources of each individual served. Outpatient counseling serves individuals with behavioral health, substance use and co-occurring disorders. The program empowers individuals to build skills needed to begin the recovery process using evidence based practices. Services are recovery focused and based on person-centered planning and client-directed outcomes.

Specialized groups are offered for Women's Substance Use recovery, Co-occurring groups, Dialectical Behavioral Therapy (DBT), Coping Skills, Anger Management, and more. Motivation Services and an Intensive Outpatient Program for substance use and co-occurring disorders is also available. The [Outpatient Counseling brochure](#) is available on the website.

Service Area(s)

Poquoson City

,

York County