Rising Tides, Developmental Disabilities

Age Requirements 18 and over Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Serves adults with a diagnosis of developmental disability and a serious behavioral health disorder. Intake Process Call for an intake and assessment appointment. Referrals to this program are made through the Developmental Services Case Management office. Intake Contact Telephone (757) 385-0600 Provider Refer Yes Qualifications Qualification Type Licensure Qualification Entity Virginia Department of Behavioral Health and Developmental Services (DBHDS) **Oualification Number** 261 Report Problems Call the Agency **Residency Requirements** Serves residents of and people located in the City of Virginia Beach.

Yes

Self Refer

Virginia Beach Community Services Board

https://www.vbgov.com/government/departments/human-

services/Pages/default.aspx

https://www.vbgov.com/government/departments/human-services/developmental-servi...

Main (757) 385-0600 Phone Emergency (757) 385-0888

Pembrook 6
297 Independence Boulevard
Suite 218
23462 VA
United States

Additional Availability Comments
Crisis Emergency Services are available 24 hours per day, 365 days per year.
Fee Structure
Call for Information
Languages Spoken
English
,
Call if translation is needed

At Virginia Beach Community Services Board, Rising Tides is a psychosocial rehabilitative day program is provided to adult residents eighteen years or older that reside in Virginia Beach, have Medicaid and have a diagnosis of developmental disability and a diagnosis of serious behavioral health disorder (SMI). The program promotes self-sufficiency and prevents hospitalization. Activities include psychoeducational and skill development activities. The program offers a variety of groups and activities including:

- Structured groups about behavioral health disorders,
- Symptoms coping skills,
- Relapse prevention skills,
- General health, exercise and nutrition skills,
- Medication monitoring,
- Skill building in activities of daily living,
- Therapeutic and recreational opportunities.

The program provides activities three (3) days a week at the SkillQuest services location.

Service Area(s)
Virginia Beach City
Email
VB311@vbgov.com