

## **Integrated Care Clinic (I-Care), Psychiatric and Primary Care**

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Family

No

Intake Process

Call for an assessment.

Intake Contact Telephone

(757) 756-5600

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

241

Report Problems

Call the Agency

Residency Requirements

Serves residents of Norfolk City.

Self Refer

Yes

Norfolk Community Services Board

<https://www.norfolk.gov/996/Norfolk-Community-Services-Board>

Main

(757) 756-5600

Phone Emergency

(757) 664-7690

7447 Central Business Park Drive  
23513 VA  
United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Call center hours are Monday through Friday. Emergency services are available 24 hours per day, every day. Office hours are Monday, Tuesday, Wednesday and Friday from 8:30 am through 4:00 pm.

Fee Structure

Sliding Scale Fee

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Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

Languages Spoken

English

At the Norfolk Community Services Board, the Integrated Care Clinic (I-Care) is an integrated psychiatric and primary care clinic that provides comprehensive care within one community-based setting. All services are provided by an interdisciplinary team of licensed physicians, nurses, a care manager, and support staff.

The I-Care Clinic follows the principles of patient centered care, including a physician directed medical practice, whole person orientation including care for all life stages, care integration throughout the healthcare system, efficient use of information technology, and methods to enhance access to care. Also included is a Wellness Management and Recovery program where individuals set appropriate goals for themselves and develop personal support systems to improve self-management of specific conditions. The I-Care clinic also provides additional services including tobacco cessation, peer supports, onsite phlebotomy and a limited array of on-site laboratory testing. Psychiatric treatment is limited to pharmacotherapy with supportive psychotherapy.

Service Area(s)

Norfolk City