Therapeutic Day Treatment, Children and Adolescents, Charlottesville

Age Requirements 0-5 6-12 13-21 Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Serves children and youth from ages 3 through 21. Family No **Intake Process** Call for an intake and assessment appointment. Intake Contact Telephone (434) 972-1800 Provider Refer Yes **Qualifications Qualification Type** Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services (DBHDS) **Qualification Number** 173 Report Problems Call the Agency **Residency Requirements**

Serves residents of and people located in the city of Charlottesville and the counties

of Albemarle, Fluvanna, Greene, Louisa and Nelson.

Self Refer

Yes

Region Ten Community Services Board

http://regionten.org

https://regionten.org/service/education-support-services

Main

(434) 972-1800

Toll-Free

(866) 694-1605

Phone Emergency

(434) 972-1800

Peterson Health Center 800 Preston Avenue

22903 VA

United States

Monday: 8:00 am-6:00 pm Tuesday: 8:00 am-6:00 pm

Wednesday: 8:00 am-6:00 pm Thursday: 8:00 am-6:00 pm Friday: 8:00 am-5:00 pm

Saturday: Closed Sunday: Closed

Additional Availability Comments

Emergency Services are available 24 hours per day, 365 days per year.

Fee Structure Sliding Scale Fee

Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

Languages Spoken

English

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Call if translation is needed

Region Ten's Therapeutic Day Treatment (TDT) serves children and youth, ages three through 21, with behavioral or emotional issues that are impairing their functioning at school and who are in need of daily and intensive intervention to address these issues. Common issues in children and youths that benefit from the program include are anxiety, depression, disruptive and oppositional behaviors, hyperactivity and impulsivity and who lack of age-appropriate anger management or social skills. The program helps children and youth who experience these issues by using behavioral plans, coordination with parents and school staff, psychoeducation, and skills training. The program uses individual and small group sessions and support throughout the school day to help the child or youth meet their goals and goals identified by parents and teachers. All program staff meet state guidelines for behavioral health providers and use an evidence-based curriculum provided by Lions Quest.

Service Area(s)
Charlottesville City