

# Tranquil Voices Support Group

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Family

No

Provider Refer

Yes

Self Refer

Yes

Fairfax Falls Church Community Services Board

<http://www.fairfaxcounty.gov/csb/events/tranquil-voices.htm>

Main

(703) 968-4000

Phone Emergency

(703) 573-5679

TTY/TTD

711

14150 Parkeast Circle

Suite 275

20151 VA

United States

Payment Method(s)

Tricare

,

Medicare

Languages Spoken

English

,

Multi-Lingual

,

Spanish

The Fairfax-Falls Church Community Services Board offers Tranquil Voices is a peer-to-peer support group offered weekly at the office in Chantilly. This support group for adults includes socialization and recovery activities, including discussions about the recovery model. Individualized Wellness Recovery Action Plan (WRAP) education is also available.

Peer support is people who have had similar experiences giving each other encouragement, hope, assistance, guidance, and understanding that aids in recovery. Tranquil Voices is a peer-led adult mental health support group which has been in operation since 2008.

Service Area(s)

Fairfax City

,

Fairfax County

,

Falls Church City