

## **Behavioral Health and Wellness**

Age Requirements

18 and over

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

No age restrictions.

Family

No

Intake Contact Email

rpentecost@co.goochland.va.us

Intake Process

Call for an assessment. Visit the website for information.

Intake Contact Telephone

(804) 556-5400

Provider Refer

Yes

Report Problems

Call the Agency

Residency Requirements

Serves residents of Goochland County.

Self Refer

Yes

Goochland Powhatan Community Services

<http://www.gpcsb.org>

<https://gpcsb.org/behavioral-health-wellness-2/>

Main

(804) 556-5400

Phone Emergency

(804) 598-2697

3058 River Road West

23063 VA

United States

#### Additional Availability Comments

Emergency services are available 24 hours per day, every day.

#### Fee Structure

No Fee

#### Languages Spoken

English

Behavioral Health and Wellness Services at Goochland-Powhatan Community Services delivers services and collaborates with community members with the purpose of decreasing substance use and behavioral issues within Goochland and Powhatan Counties.

#### Services include:

5 Bridges: Holistic and practical wellness training by way of live and on-demand sessions.

Mental Health First Aid: Individuals learn to recognize and respond to youth or adults who might be using drugs or having a mental health crisis

Lock and Talk: Cable locks for guns and locking medication boxes are available at no cost

Revive!: Adults learn to recognize an overdose and learn how to administer naloxone

Medication Disposal: Home disposal kits are available free, use the permanent drop boxes at Goochland Pharmacy or the Goochland and Powhatan Sheriff's Offices

ACEs Workshop: Adults learn about the effects of childhood experiences on daily life and in the community

#### Service Area(s)

Goochland County

,

Powhatan County

Email

[gpcsinfo@goochlandva.us](mailto:gpcsinfo@goochlandva.us)