Mental Health Outpatient Services, Main Center

Age Requirements 18 and over Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Serves adults presenting a need for short-term therapy and who do not, upon completion of the screening process, meet the criteria for long-term mental health or substance use disorder services. Intake Contact Email info@cmcsb.com Intake Process Call for an assessment. For after hours emergencies, 24 hours per day, every day, call 800-286-0586. Intake Contact Telephone (276) 964-6702 Provider Refer Yes Qualifications Qualification Type Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services (DBHDS) **Qualification Number** 093 **Report Problems** Call the Agency **Residency Requirements** Serves residents of Buchanan, Russell and Tazewell Counties. Self Refer Yes **Cumberland Mountain Community Services Board** https://www.cmcsb.com

http://cmcsb.com/mentalhealth.html Main (276) 964-6702 Toll-Free (800) 286-0586 Phone Emergency (276) 964-6702 TTY/TTD (800) 347-4939 113 Cumberland Road 24609 VA **United States** Additional Availability Comments Crisis services are available 24 hours per day, every day. Fee Structure Sliding Scale Fee Call for Information Payment Method(s) Private Pay **Private Insurance** Medicaid Medicare Languages Spoken English

Cumberland Mountain Community Services Board (CMCSB) offers Mental Health Outpatient Services (Evening Counseling Services). The program provides services to adults presenting with a need for short-term therapy and who do not, upon completion of the screening process, meet the criteria for long-term mental health or substance use disorder services. The goal of the program is to provide educational or licensing opportunities for graduates from accredited human service graduate programs (MSW, MS, M.Ed., et cetera) via practice as residents under the supervision of other CMCSB licensed professionals. Services may be provided through satellite offices in Lebanon, Grundy, and Tazewell.

The activities of the Mental Health Outpatient Services (Evening Counseling Services) program include:

- screening, assessment for brief therapy needs, solution focused, personcentered, cognitive and behavioral therapies;
- individual, group and/or family therapy; development of the Individual Service Plan.

Services are provided by residents in counseling or social work and services are provided free of charge. Supervision of the residents is carried out according to the Department of Health Professions guidelines for the Boards of Counseling and Social Work.

Service Area(s) Buchanan County

Russell County

Tazewell County Email info@cmcsb.com