Fitness

Age Requirements No Age Requirement Family No Intake Process Visit the website, call the office. **Provider Refer** Yes Self Refer Yes Hopewell Recreation and Parks https://www.hopewellrecandparks.com/ https://www.facebook.com/hopewellrecandparks Main (804) 541-2353 100 West City Point Rd 23860 VA United States

Payment Method(s) Private Pay Languages Spoken English

The Hopewell Department of Recreation and Parks seeks to enrich lives of residents of Hopewell by offering a variety of fitness classes and activities that include Water Aerobics, Open Gym, Pickleball, Open Gym, Basketball, Table Tennis, Fitness Warriors, Open Pool Lap Swimming and more.

Visit the website for activities and events, including aquatic programs, athletics, playgrounds, swimming pools and senior activities. Classes and activities can be found at <u>Spring/Summer Guide</u>

Open spaces and accessibility facility.

Service Area(s) Hopewell City Email recandparks@hopewellva.gov