

## Fitness Center, Cub Run RECenter

Age Requirements

No Age Requirement

Family

Yes

Intake Process

Call the office; visit the website.

Report Problems

Call the Agency

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Send an Email

Self Refer

Yes

Fairfax County Park Authority

<https://www.fairfaxcounty.gov/parks/>

<https://www.fairfaxcounty.gov/parks/reccenter/cub-run>

<https://www.facebook.com/fairfaxcountyparks>

Main

(703) 817-9407

Cup Run Rec Center

4630 Stonecroft Blvd

20151 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Call for class times, Holiday hours, pool hours and hours the pool is closed to the public

Fee Structure

Membership Fee  
Payment Method(s)  
Private Pay  
Languages Spoken  
English

The Fairfax County Park Authority offers the Cub Run RECenter for members to take advantage of group fitness classes, a pool, water playground, two multipurpose rooms for yoga and other classes. The fitness center offers FreeMotion strength training, Cybex strength training pieces and over 45 pieces of cardio equipment. Call for information about recreation for people with disabilities.

Personal Training is available.

Service Area(s)

Fairfax City

,

Fairfax County

,

Falls Church City

Email

[parkmail@fairfaxcounty.gov](mailto:parkmail@fairfaxcounty.gov)