Hospital Elder Life Program (HELP)

Age Requirements

No Age Requirement

Available 24/7

Yes

Other Eligibility Criteria

Anyone age 70 or older and on a HELP unit who meets the inclusion criteria listed on the website under How To Obtain a HELP volunteer. HELP services are provided at no charge.

Family

No

Intake Contact

Susan Heisey, MSW, LCSW, ASW-G

Intake Contact Email

susan.heisey@inova.org

Intake Process

Visit the website

Provider Refer

Yes

Report Problems

Other

Self Refer

Yes

Inova Fairfax Medical Center

http://www.inova.org/help

http://www.inova.org/healthcare-services/senior-services/during-your-hospital-s...

https://www.facebook.com/InovaHealth/

Main

(703) 776-6824

3300 Gallows Road

22042 VA

United States

Languages Spoken

English

Inova Fairfax Hospital offers an innovative free program designed to help hospitalized older frail adults during their hospital stay. Hospitalized patients are visited three times a day during their hospital stay by volunteers, seven days a week to prevent mental and physical decline. Assistance is offered with meals, walking, stress reduction, sleep promotion, and cognitive stimulation. Translator phones are available.

Volunteers are carefully trained to give bedside attention to lessen or prevent what is known as delirium and to keep hospitalized patients from declining mentally and physically.

Click on [The Hospital Elder Life Program](#) to learn more.

Service Area(s)
Fairfax City
,
Fairfax County
,
Falls Church City