

## Wellness Recovery Center, Behavioral Health

### Age Requirements

18 and over

Available 24/7

Yes

### Documents Required

Call for details

### Other Eligibility Criteria

Serves adults experiencing an acute behavioral health crisis

### Family

No

### Intake Process

Call for an intake and assessment appointment 24 hours per day, every day.

### Intake Contact Telephone

(434) 972-1800

### Provider Refer

Yes

### Qualifications

#### Qualification Type

Licensure

#### Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

#### Qualification Number

173

### Report Problems

Call the Agency

### Residency Requirements

Serves residents of and people located in the city of Charlottesville and the counties of Albemarle, Fluvanna, Greene, Louisa and Nelson.

### Self Refer

Yes

Region Ten Community Services Board

<http://regionten.org>

<http://regionten.org/service/wellness-recovery-center>

Main

(434) 972-1800

Toll-Free

(866) 694-1605

Phone Emergency

(434) 972-1800

Wellness Recovery Center

504 Old Lynchburg Road

22903 VA

United States

Additional Availability Comments

Emergency Services are available 24 hours per day, 365 days per year.

Fee Structure

Sliding Scale Fee

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Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

,

Medicare

Languages Spoken

English

,

Call if translation is needed

Region Ten Community Services Board's (RTCSB) Wellness Recovery Center is a 16 bed, short term, residential crisis stabilization program for adults experiencing an acute behavioral health crisis. The program is staffed by a multi-disciplinary team who provide person centered, recovery based support in a homelike environment.

This program's 24 hour, seven days per week service serves adults experiencing a behavioral health crisis that may put them at risk of hospitalization, becoming homeless or becoming isolated from social supports. Wellness Recovery Center offers skill development related to maintaining personal safety, recovery, understanding the influence of substance use on behavioral health and Dialectical Behavioral Therapy (DBT) skills including mindfulness, emotional regulation, distress tolerance and interpersonal effectiveness.

Service Area(s)

Albemarle County

,

Charlottesville City

,

Fluvanna County

,

Greene County

,

Louisa County

,

Nelson County