## **Options Counseling**

Age Requirements No Age Requirement Family No Intake Contact Email vail@govail.org **Intake Process** call the office Provider Refer Yes Self Refer Yes Valley Associates for Independent Living, Inc. (VAIL) https://www.govail.org Main (540) 433-6513 Toll-Free (888) 242-8245 TTY/TTD (540) 438-9265 3210 Peoples Drive Suite 220 22801 VA **United States** Fee Structure Fee Range Languages Spoken **English** Spanish

Valley Associates for Independent Living (VAIL) provides Options Counseling.

Options Counseling is an interactive decision-support process whereby individuals,

with support from family members, caregivers, and /or significant others, are supported in their deliberations to make informed long-term support choices in the context of the individual's preferences, strengths, needed services, values, and individual circumstances.

Service Area(s) **Augusta County Bath County** Buena Vista City Harrisonburg City **Highland County** Lexington City Rockbridge County **Rockingham County** Staunton City Waynesboro City Email vail@govail.org