

Adult Outpatient Counseling, Williamsburg

Age Requirements

18 and over

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves adults with behavioral health and substance use disorders.

Family

No

Intake Process

Call Central Access between the hours of 8 a.m.-5 p.m., Monday through Friday.

Intake Contact Telephone

(757) 220-3200

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

048

Report Problems

Call the Agency

Residency Requirements

Serves residents of the City of Williamsburg and James City County.

Self Refer

Yes

Colonial Behavioral Health

<https://www.colonialbh.org>

<http://www.colonialbh.org/adult-services/outpatient-counseling.aspx>

Main

(757) 220-3200

Phone Emergency

(757) 378-5555

TTY/TTD

711

1651 Merrimac Trail

23185 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Some services are available with evening appointments. Emergency crisis services are available 24 hours per day, every day.

Fee Structure

Sliding Scale Fee

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Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

,

Veterans

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Tricare

Languages Spoken

English

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Call if translation is needed

The Outpatient Counseling Program of Colonial Behavioral Health (CBH) for adults is a counseling service that uses treatment and intervention to increase the strengths and resources of each individual served. Outpatient counseling serves individuals with behavioral health, substance use and co-occurring disorders. The program empowers individuals to build skills needed to begin the recovery process using evidence based practices. Services are recovery focused and based on person-centered planning and client-directed outcomes.

Specialized groups are offered for Women's Substance Use recovery, Co-occurring groups, Dialectical Behavioral Therapy (DBT), Coping Skills, Anger Management, and more. Motivation Services and an Intensive Outpatient Program for substance use and co-occurring disorders is also available. The [Outpatient Counseling brochure](#) is available on the website.

Service Area(s)

James City County

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Poquoson City

,

Williamsburg City

,

York County