

## Online Support Groups

Age Requirements

16-21

,

18 and over

Family

No

Intake Process

Visit the website

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

International Bipolar Foundation

<https://ibpf.org/>

<https://www.facebook.com/InternationalBipolarFoundation>

<https://twitter.com/IntlBipolar>

Main

(858) 598-5967

Social Networking

23219 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

International Bipolar Foundation (IBPF) is a social network active center for online support groups, a place where thousands meet every day to discuss their feelings, questions and hopes with like minded friends. Visit the website to find an online group for a variety of health issues, parenting, relationships, addiction, injuries, women's health and more. Support groups serve as a meeting place for people with health challenges, a comfort zone to get help and to help.

IBPF is here to help learn more about living with bipolar disorder. We believe that education is key to managing symptoms and you can find information to help you on your journey to recovery.

Find [Resources](#)

Service Area(s)

Nationwide