## Peer Counseling and Independent Living Skills Training

Age Requirements No Age Requirement Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Serves individuals with behavioral health disabilities. Family No **Intake Process** Visit the website and call for information. Intake Contact Telephone (276) 679-5988 **Provider Refer** Yes **Report Problems** Call the Agency **Residency Requirements** Serves residents of Lee, Scott and Wise counties and the city of Norton. Self Refer Yes Junction Center for Independent Living, Inc. http://www.junctioncenter.org https://www.facebook.com/junctioncenter.org/?eid=ARBQoN8NSU3LYriiApGi4SZEFg2mDY... Main (276) 524-4081 1520 Third Avenue East 24219 VA United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm Wednesday: 8:00 am-4:30 pm Thursday: 8:00 am-4:30 pm Friday: 8:00 am-4:30 pm Saturday: Closed Sunday: Closed Fee Structure Call for Information Languages Spoken English

Junction Center for Independent Living (JCIL) offers peer counselors who help individuals with developmental disabilities gain independence and self-reliance. Participants develop a plan with goals aimed at achieving maximum independence. Through counseling, and sharing experiences of coping with behavioral health disabilities, participants learn about resources necessary to achieve their goals. Peer counseling includes individual and group support.

Independent living skills training is available in both individual and group settings. Independent living skills include:

- personal assistant management,
- building self-esteem,
- money management,
- navigating ones environment,
- self-advocacy.

All programs are designed to meet specific individual needs. The trainers provide encouragement and information about community resources and sharing insights and perspectives from personal experience.

Service Area(s) Lee County , Norton City , Scott County , Wise County Email jcil1@junctioncenter.org