

Partial Hospitalization Program (PHP), Sentara RMH Behavioral Health

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Family

No

Intake Process

Physician referrals are not necessary unless required by insurance. If you are interested in services provided at the RMH Center for Behavioral Health, please call for an appointment.

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services

Qualification Number

129-02-020

Report Problems

Call the Agency

Self Refer

Yes

Sentara Medical Group

<http://www.rmhonline.com/BehavioralHealth/BehavioralHealthPartialHospitalizatio...>

<https://www.facebook.com/sentarahealth>

<https://twitter.com/sentarahealth>

Main

(540) 564-5960

Toll-Free

(877) 294-5731

Phone Emergency

(540) 689-1000

644 University Boulevard

22801 VA

United States

Additional Availability Comments

Office hours are 8:00am-5:00pm Monday through Friday. Evening hours are also offered.

Fee Structure

Call for Information

Payment Method(s)

Private Insurance

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Medicare

Languages Spoken

English

The Partial Hospitalization Program (PHP) at Sentara RMH Behavioral Health offers individual, group, and family therapy, stress management and education in an outpatient treatment setting. The program offers the structure of a psychiatric program while allowing patients to go home in the evening to remain connected with their family, friends and other support systems. PHP services are provided for up to six hours per day, five days per week. Treatment in the PHP can shorten a hospital stay or provide the intervention necessary to avoid hospitalization.

The Partial Hospitalization Program is for adults who are:

- Experiencing depression, anxiety or stress;
- Experiencing prolonged grief caused by significant loss or change;
- Experiencing acute psychiatric symptoms which, if left untreated, could require inpatient care;
- Preparing for discharge from an inpatient setting, but still in need of daily monitoring or continued therapeutic intervention;
- Experiencing any psychiatric disorder or cognitive impairment;
- The program also provides support and education to families of individuals.

To reach the Psychiatric Emergency Team (PET), call 540-689-1000 and ask that the PET be paged.

Service Area(s)

Augusta County

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Greene County

,

Harrisonburg City

,

Highland County

,

Page County

,

Rockingham County

,

Shenandoah County