

# Family to Family Education Program, Mental Illness

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Those involved in the care of or association with the chronically mentally ill.

Family

No

Intake Contact

Carol Evans

Intake Contact Email

carolevans5@verizon.net

Intake Process

Telephone referrals or walk-ins are accepted.

Self Refer

Yes

National Alliance on Mental Illness (NAMI) Coastal Virginia

<https://www.nami.org>

152 Beechwood Drive

23851 VA

United States

## Additional Availability Comments

Call for class information

Fee Structure

No Fee

Languages Spoken

English

The NAMI Family-to-Family Education Program is a series of classes for parents, siblings, spouses and adult children of individuals with mental illness. A major goal is to reduce stress in the lives of families through education on mental illness, coping strategies and community resources and through the support which develops among participants.

They are co-lead by two trained individuals who have family members diagnosed with mental illness.

The class is also known as Peer to Peer Recovery Education Program or Family to Family support group.

Service Area(s)

Franklin City

,

Isle of Wight County

,

Southampton County

,

Suffolk City