

## Outpatient Adult Services

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves adults with behavioral health or co-occurring substance use disorders.

Family

No

Intake Process

Call for an intake and assessment appointment.

Intake Contact Telephone

(757) 665-5041

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services

Qualification Number

224

Report Problems

Call the Agency

Residency Requirements

Serves residents of and people located in Accomack and Northampton Counties.

Self Refer

Yes

Eastern Shore Community Services Board

<http://escsb.org>

<http://www.escsb.org/adult-services.html>

Main

(757) 665-1260

Toll-Free  
(800) 764-4460  
Phone Emergency  
(757) 442-7707

19056 Greenbush Road  
23421 VA  
United States

Monday: 8:30 am-5:00 pm  
Tuesday: 8:30 am-5:00 pm  
Wednesday: 8:30 am-5:00 pm  
Thursday: 8:30 am-5:00 pm  
Friday: 8:30 am-5:00 pm  
Saturday: Closed  
Sunday: Closed

#### Additional Availability Comments

Emergency services clinicians are on-call 24 hours per day, every day. During business hours, call or come to the emergency services building located at 10106 Pine Avenue, Nassawadox, Virginia, 23413. After business hours, call and ask to speak to the emergency services clinician on call. The clinician will return your call.

#### Fee Structure

Sliding Scale Fee

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Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

Languages Spoken

English

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Call if translation is needed

At the Eastern Shore Behavioral Healthcare Center, the Eastern Shore Community Services Board offers outpatient behavioral health counseling, case management, psychiatric and mental health support services. The program 's goal is recovery is for individuals who suffer from behavioral health or a co-occurring substance use disorder. The recovery process begins with a thorough understanding of the individual's presenting concerns in the context of his or her bio-psycho-social history. Often an array of services is needed to meet the individual's goals.

Individual therapy is viewed as a stepping stone to participation in the group therapy modality. The outpatient department conducts group therapy for areas of common concern such as anger management, post traumatic stress disorder and on-going support groups for individuals struggling with anxiety and depression.

The Eastern Shore Community Services Board operates an extensive transportation fleet to assist individuals in getting to appointments so transportation will not be a barrier to their treatment success.

Service Area(s)

Accomack County

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Northampton County