Community Support Services. McLean

Available 24/7 Yes Other Eligibility Criteria Residents of Northern Virginia with severe mental illness such as schizophrenia, bipolar disorder or major depression. Family No Intake Contact Email info@prsinc.org Provider Refer Yes **Oualifications Qualification Type** Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services **Qualification Number** 233-03-011 Self Refer Yes PRS, Inc. http://www.prsinc.org Main (703) 536-9000 TTY/TTD (703) 790-0582 1761 Old Meadow Road, Suite 100 22102 VA **United States** Fee Structure Call for Information

Private Pay

Payment Method(s)

, Medicaid Languages Spoken English

Spanish

Mount Vernon PRS, Inc. Community Support Services is a life skills training and support service designed to assist clients with making changes to move into recovery from mental illnesses/brain diseases. This includes clients who have co-occurring disorders of mental illness and substance abuse/dependence, clients with Autism Spectrum Disorders and clients who have concurrent medical issues.

Support Specialists partner with clients to make real life changes by developing and practicing life skills. The following list includes a sample of skills training activities that persons served often need and desire to recover, to increase independent living skills and to improve health and wellness:

- Planning menus
- Staying sober
- Shopping for food
- Completing household tasks
- Cooking healthy meals
- Practicing safety procedures
- Budgeting
- Managing medication
- Paying bills on time
- Exercising regularly
- Managing time/appointments
- Completing hygiene tasks
- Accessing community resources

• Using public transportation

Service Area(s)
Alexandria City
,
Arlington County
,
Fairfax City
,
Fairfax County
,
Falls Church City
,
Loudoun County
,
Manassas City
,
Manassas Park City
,
Prince William County
Email
info@prsinc.org