## Wellness Programs

Age Requirements 0-5 , 6-12 , 13-21 , 22-55 56-60 , 60 +Available 24/7 No Family No Intake Process Call for information. Self Refer No LewisGale Medical Center https://www.lewis-gale.com Main (540) 265-1605 1802 Braeburn Drive 24153 VA **United States** Additional Availability Comments Office hours are Monday-Friday Fee Structure Call for Information Languages Spoken English

Wellness programs are available throughout the LewisGale Regional Health System. A variety of classes and community events, education programs and other resources, are offered at little or no cost to participants. Support groups and health screenings are offered from time to time.

Visit the website to find a class or event that meets your needs.

Consult-a-Nurse can be reached at 877.242.2362 to find a doctor or for information.

Call 877.242.2392 to find a support group.

Crisis and referral line is 540.776.1100 or 1.800.541.9992.

Service Area(s) Roanoke City

Salem City