

## Integral Yoga Programs

Age Requirements

18 and over

Available 24/7

No

Family

No

Intake Contact

Satchidananda Ashram

Intake Contact Email

arc@yogaville.org

Intake Process

Call to make reservations or for more details

Provider Refer

No

Self Refer

Yes

Yogaville

<https://www.yogaville.org/>

<https://www.facebook.com/SatchidanandaAshram/>

<https://twitter.com/sayva?lang=en>

Main

(434) 969-3121

Toll-Free

(800) 858-9642

108 Yogaville Way

23921 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: 2:00 pm-5:30 pm

Sunday: Closed

Additional Availability Comments

Classes vary based on season and days.

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Yogaville workshops and programs are designed to integrate all aspects of life - physical, mental, emotional, and spiritual - and put you in touch with your own sense of inner peace and ease. They offer expert instruction on a large number of topics, ranging from yoga postures and breathing practices to yoga philosophy and meditation to health-related topics.

Residential programs, Living Yoga Training, personal retreats, and more are offered to those who want more in-depth training.

Service Area(s)

Buckingham County

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Statewide