## **Fitness and Wellness Center**

Age Requirements No Age Requirement Available 24/7 No Intake Contact Email tbc.fitness@faithdiamond.org Intake Process Call or visit for services and information. Trinity Faith Diamond https://www.faithdiamond.org https://faithdiamond.wixsite.com/faithdiamond/ministries Main (757) 485-9824

1023 Deep Creek Blvd 23323 VA United States

Additional Availability Comments Service times are Sunday at 11 am and Wednesday at 7 pm. Fee Structure No Fee , Suggested Donation Languages Spoken English

Faith Diamond Fitness and Wellness Center: Our mission is to promote divine physical, mental and spiritual well-being. Our desire is that you prosper from within a healthy temple. A healthy temple provides nourishment to the spirit, soul, and body. Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. 3 John 1:2

The Fitness and Wellness Ministry has a variety of options onsite including a multilevel fitness center, gymnasium, lockers, and showers. They also have certified physical trainers to assist you with any fitness and wellness goals you may have.

Service Area(s) Chesapeake City