

## Support Group, Peers, Mental Health

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Open to the Richmond community

Family

No

Intake Contact

Debbie Collins

Intake Contact Email

info@namicentralvirginia.org

Intake Process

Call for more information or to confirm time and day of a support group

Provider Refer

Yes

Self Refer

Yes

National Alliance on Mental Illness Central Virginia (NAMI CVA)

<https://namicva.org/>

<https://www.facebook.com/namicva>

<https://twitter.com/namicva>

Main

(804) 285-1749

1904 Byrd Avenue

Suite 103

23230 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Office hours are Monday-Friday

Fee Structure

No Fee

Languages Spoken

English

[NAMI Connection groups](#) are FREE, bi-monthly recovery support groups for adults (18+) living with mental illness. Groups are facilitated by trained NAMI peers. NAMI Connection Groups are open to the community. Groups are confidential and anonymous.

Contact the group facilitator of the group you are interested in (listed below) to confirm the meeting before you attend for the first time.

West End

Meets: 2nd and 4th Wednesday of every month, from 6:00 to 7:30 pm

Location: Innsbrook- D3 Dominion Building, 4121 Cox Rd. Glen Allen, VA 23060

Contact: Bryan at 804-641-6164

Southside

Meets: 2nd and 4th Thursday of every month, from 7:00-8:30 pm

Location: St. Luke's United Methodist Church, 4101 Fordham Rd., Richmond, VA 23236

Contact: Kim at 804-687-4594

## Veterans

Meets: Every Wednesday of the month, from 10:30-12:00 pm

Location: McGuire Veterans' Hospital, (for Vets) Rm D-1115, 1201 Broad Rock Blvd,  
Richmond, VA 23249

Contact: Walt at 804-822-5550

## Service Area(s)

Chesterfield County

,

Goochland County

,

Hanover County

,

Henrico County

,

Richmond City

Email

[info@namicentralvirginia.org](mailto:info@namicentralvirginia.org)