

# Health Screenings, Exercise, Ongoing Activities, Office of Aging

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Franklin County Citizens aged 50 years of age and older

Intake Contact

Marcia Cramblitt

Intake Contact Email

marcia.cramblitt@franklincountyva.gov

Intake Process

Call for information or stop by in person.

Intake Contact Telephone

(540) 483-9238

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Franklin County Parks and Recreation

<https://www.playfranklincounty.com/>

<https://www.playfranklincounty.com/234/Senior-Programs>

<https://www.facebook.com/playfranklinco/>

Main

(540) 483-9238

Essig Recreation Center

295 Technology Drive

24151 VA

United States

Additional Availability Comments

Monday through Thursday 8am until 4pm

Fee Structure

No Fee

Languages Spoken

English

Franklin County offers Seniors a variety of programs, including health screenings, ongoing activities such as fitness programs, trips, games, crafts and more.

There is also a Health Promotion/Disease Prevention Program. The program provides programs and activities to help seniors stay fit and healthy. Includes exercise equipment, exercises led by trained staff, and educational programs to promote healthy lifestyles.

Call for more information.

Service Area(s)

Franklin County