

## Adult Day Program

Age Requirements

18 and over

Available 24/7

No

Family

No

Intake Contact

Staff

Intake Contact Email

adultdayprograms@arlingtonva.us

Intake Process

Call the social worker for an interview and application. Physical exam and tuberculosis screening. There may be a waiting list.

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Social Services

Report Problems

Call the Agency

Self Refer

Yes

Arlington Adult Day Program

<https://www.arlingtonva.us/Government/Departments/DHS/Aging-Disability/Programs...>

<https://www.arlingtonva.us/Government/Departments/DHS/Aging-Disability/Programs...>

Main

(703) 228-5340

TTY/TTD

(703) 228-1788

2909 16th Street, South  
22204 VA  
United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Monday through Friday 7:30am to 5:30pm

Fee Structure

Fixed Fee

,

Sliding Scale Fee

Payment Method(s)

Private Pay

,

Private Insurance

,

CCC+

Languages Spoken

English

Arlington Adult Day Program (formerly Walter Reed Adult Day Health Care Center) provides a program of services and activities to help adults with functional limitations maintain or enhance their independence to remain in the community as long as possible. Adult day health care also provides support and respite to the caregivers. Capacity is 40.

A structured and comprehensive program of varied activities to stimulate and challenge the participants is provided. The program is individualized to meet each participant's specific needs. In the supportive group setting of the Care Center,

participants are encouraged to achieve their highest level of functioning.

Assistance can be provided to seniors who are physically, mentally, or functionally impaired and require some level of care and/or require companionship or need supervision. Respite care is also provided for caregivers.

[Visit our website](#) for more information.

Service Area(s)

Arlington County

Email

[adultdayprogram@arlingtonva.us](mailto:adultdayprogram@arlingtonva.us)