

# Outpatient Services, Mental Health, The Day Center

## Age Requirements

18 and over

Available 24/7

No

## Other Eligibility Criteria

No residency requirement. Ages 18 and over

## Intake Process

Phone, appointment required.

Psychiatric Institute of Washington, DC

<https://www.psychinstitute.com>

## Main

(202) 885-5751

Toll-Free

(800) 369-2273

TTY/TTD

(202) 885-5615

4228 Wisconsin Avenue NW

20016 DC

United States

## Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicare

,

Tricare

Languages Spoken

English

,

Spanish

,

Sign Language

The Day Center is a focused program designed to serve patients in need of an intensive, structured environment. It is a specialized service that addresses acute symptoms associated with Post Traumatic Stress Disorder. The Day Center offers two levels of treatment for mental health issues:

- The Partial Hospitalization Program (PHP) consists of treatment three to five days a week. It is used to offset the need for an inpatient admission or to shorten the length of an acute inpatient stay.
- The Intensive Outpatient Program (IOP) is designed for patients who are struggling with more chronic and/or intermittent work and social dysfunction. Patients in this component attend two to three days a week.

Located near both Metrorail and bus routes, and metered parking is available.

Provides interpretation/ translation services for the hearing impaired and deaf.

Service Area(s)  
Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Fauquier County

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County