

## Counseling and Support Groups

Available 24/7

No

Other Eligibility Criteria

Iona provides counseling on aging-related issues to individuals 50 and over. Caregivers of any age are also eligible for services.

Family

No

Intake Process

Intake interviews can be by phone

Self Refer

Yes

Iona Senior Services

<http://www.iona.org>

<https://www.facebook.com/IonaSeniorServices>

Main

(202) 895-9448

TTY/TTD

(202) 895-9444

4125 Albemarle St NW

20016 DC

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Payment Method(s)

Private Pay

,

Medicare  
Languages Spoken  
English

Iona offers a variety of counseling services. Counseling to help individuals cope with the aging process, including grief, depression, anxiety, difficulty with relationships, coping with illness, and other emotional challenges.

Counseling for families and caregivers when aging changes the dynamics of a family, mediate differences between family members. IONA's counselors are professionally licensed social workers.

Services help individuals cope with the stresses of caring for a senior, and adjust to the many life changes a caregiver might experience. For more information, or to discuss your situations, call 202-966-1055. Public transportation by Tenleytown Metro

Call 202-895-9448 and ask for the Helpline to schedule a consultation.

Service Area(s)  
Alexandria City  
,  
Arlington County  
,  
Fairfax City  
,  
Fairfax County  
,  
Falls Church City  
,  
Washington DC  
Email  
[info@iona.org](mailto:info@iona.org)