

# **Psychosocial Rehabilitation Services at Stepping Stones**

Age Requirements

0-5

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6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Adult and Geriatric with serious and persistent mental illness who have been placed in a community setting.

Family

No

Intake Process

Telephone referrals accepted. Professional referral required.

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services

Qualification Number

165-02-011

Self Refer

No

Highlands Community Services

<http://highlandscsb.org/steppingstones/>

Main

(276) 628-8513

414 Ivy Street

24210 VA

United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Payment Method(s)

Tricare

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Private Insurance

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Medicare

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Medicaid

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Private Pay

Languages Spoken

English

Stepping Stones is Highlands Community Services' clubhouse model of psychosocial rehabilitation. Stepping Stones provides adult group education to individuals who need help managing the symptoms of serious mental illness. Services include pre-vocational units that teach teamwork, along with specialized educational groups focusing on health and wellness, exercise, nutrition, independent living skills, and leisure skills. Community integration trips are also an important part of the education process. A team of trained staff work side by side with individuals to help them achieve treatment goals and to increase quality of life. Consumers often see

the program as “family”.

Crisis Telephone Contacts:

Monday through Friday from 8:30am-5:00pm: Call (276) 525-1550;

After Hours, Holidays, and Weekends: Call (276) 645-7400 for Central Dispatch – Bristol or (276) 676-6277 for Central Dispatch – Washington County;

Life Threatening Emergency: Call 911.

Service Area(s)

Abingdon City

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Bristol City

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Washington County