Health & Safety Training

Available 24/7 No Intake Process Call the office for more information. Self Refer Yes American Red Cross, Virginia Region https://www.redcross.org/local/virginia/ https://www.redcross.org/take-a-class Main (804) 780-2250

420 East Cary Street 23219 VA United States

Fee Structure Call for Information Languages Spoken English

The Virginia Region of the American Red Cross Health Safety Training and Education including

- First Aid
- Cardiopulmonary Resuscitation (CPR)
- Automated External Defibrillators (AED)
- Caregiving and Babysitting
- Swimming
- Certified Nursing Assistant (CNA)
- Basic Life Support (BLS)

HIV/AIDS education programs are also available. Programs may be customized for specific populations, for example: Disaster Preparedness for Seniors, Disaster Preparedness for persons with decreased mobility, Family Caregiving (for those who care for family members), CPR for seniors, Grandparenting (for grandparents caring for younger children) and more. Many self-study classes are now available online.

To view and register for classes on the Red Cross website, click on "Take a Class".

Service Area(s) Statewide