

## Support Group, Restless Leg Syndrome

Age Requirements

No Age Requirement

Available 24/7

No

Family

No

Intake Process

Send self addressed stamped # 10 envelope to mailing address to register

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Sleep Clinic for Children and Adults

<https://www.chrichmond.org/services/pulmonary-medicine/sleep/sleep-clinic>

Main

(804) 828-2467

P O Box 71703

23255 VA

United States

Fee Structure

No Fee

Languages Spoken

English

The Central Virginia Restless Legs Syndrome Support Group is organized as part of Christian ministry. Meetings are free and open to the public.

Restless Legs Syndrome (RLS) is a neurological disorder. Characterized by annoying

sensations in the legs between the knees and ankles. Primary symptoms of RLS include an almost irresistible urge to move the legs, difficulty sitting or lying down for long periods of time, and symptoms that are worse at night. The support group is open to all people regardless of religious orientation.

Please call the office for information about the next day and the time of the group meeting. Information is provided that patients can share with physicians. Meetings do not take place from May-September.

Service Area(s)

Chesterfield County

,

Goochland County

,

Henrico County

,

Richmond City