

# Individual, Group, Couples and Family Therapy

## Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Youth, adolescent, adults, geriatric

Family

No

Intake Process

Call for appointment; evaluation and either treatment or referral

Self Refer

Yes

Independence Therapy Center

Main

(757) 473-8533

700 Independence Circle

Suite 3D

23455 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

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Private Insurance

,  
Medicaid

,  
Medicare

,  
Tricare

Languages Spoken  
English

Independence Therapy Center is a group of licensed Virginia Beach psychologists, psychiatrists, marriage and family therapist and clinical psychiatric nurses that provide a wide range of diagnostic and psychotherapeutic services designed to assist those facing a personal challenge. Services include psychological testing using intellectual, educational and personality inventories; consultation and psychotherapy with children, adolescents, adults, couples, and families; holistic treatment; wounded warrior support.

Service Area(s)  
Chesapeake City

,  
Norfolk City

,  
Portsmouth City

,  
Suffolk City

,  
Virginia Beach City