

## **Mental Health Support for Youth and Families, Fredericksburg**

Available 24/7

No

Family

No

Intake Contact Email

info@compassyouthandfamily.com

Intake Process

Call for information

Report Problems

Call the Agency

Compass Youth and Family Services

<http://www.compassyouthservices.com/>

Main

(540) 339-3640

10707 Spotsylvania Avenue, Suite 102

22408 VA

United States

Payment Method(s)

Private Pay

,

Medicaid

,

Tricare

Languages Spoken

English

Compass Youth and Family Services' Mental Health Support (MHS) service is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. The program is available to older adolescents and adults who have long term mental health needs, cognitive

deficiencies or dual diagnoses.

The Compass staff are guided by a curriculum that focuses on 7 core competencies to promote independent living while managing mental health symptoms and needs.

- Housing and Transportation
- Mental Health
- Employment
- Money Management
- Self-Care and Daily Living
- Personal Development
- Parenting

Service Area(s)

Caroline County

,

Fredericksburg City

,

Spotsylvania County

,

Stafford County

Email

[info@compassyouthandfamily.com](mailto:info@compassyouthandfamily.com)