

## **Volunteer Opportunities**

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Seniors First is unable to provide court-mandated community service opportunities.

Family

No

Intake Contact

Mary Parham

Intake Contact Email

[info@seniorsfirst.info](mailto:info@seniorsfirst.info)

Intake Process

Call the office and complete a volunteer application.

Provider Refer

Yes

Self Refer

Yes

Seniors First, The Shenandoah Area Agency on Aging

<https://seniorsfirst.info/>

<https://seniorsfirst.info/volunteer/>

Main

(540) 635-7141

207 Mosby Lane

22630 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:00 pm

Saturday: Closed

Sunday: Closed

## Fee Structure

No Fee

Seniors First, The Shenandoah Area Agency on Aging (SAAA) welcomes volunteers. Volunteers are needed in senior center positions, program assistants, drivers, respite care workers, VICAP counselors, Senior Medicare patrol or special project volunteers.

## Service Area(s)

Clarke County

,

Frederick County

,

Page County

,

Shenandoah County

,

Warren County

,

Winchester City

Email

[info@seniorsfirst.info](mailto:info@seniorsfirst.info)